

Spread The Happiness

homemade dough

You need:

Plain flour
(all purpose)



2x Cups

Vegetable oil



2x table spoons

Salt



1/2 cup

Cream of
Tartar



2x table spoons

Boiling
water



up to 1.5 cups
(adding in increments
until it feels just right)

Food colouring
(optional)



Glycerine



Few drops
(optional - adds
more shine!!)

Method:

1. Mix the flour, salt,
cream of tartar and
oil in a large mixing
bowl



2. Add food colouring
to the boiling water



then into the dry
ingredients (colour
optional)

4. Add the glycerine
(optional)



5. Allow it to cool
down then take
it out of the
bowl and knead
it vigorously
for a couple

3. Stir continuously until
it becomes a sticky
combined dough



of minutes
until all of
stickiness
has gone.



This is the most important
part of the process, so keep
at it until it's the perfect
consistency!

Flavouring additions:

Garlic



Onion



Cocoa
powder



Grass



Lavender



Grated carrot

Apple



Banana...

Anything you like!

