



Welcome to the Friends of Kibblesworth Academy's first sponsored family walk! We will be getting active, getting outdoors in our beautiful countryside and meeting other local families along the way. Your entry fee of £4 helps provide drinks and biscuits for everyone at Birkheads Wild, but we hope you will help raise as much money as possible using the Sponsorship Form provided.

## **Details:**

Meet at 10.45am on Sunday 23<sup>rd</sup> June outside the main entrance to school.

**Leave school at 11am to walk up to Birkheads as a group** – we will be following the old railway line, the Bowes Railway Path, so the route is mainly off-road except for the section through the village, but we do need to cross busy roads at a couple of points so please ensure you are responsible for your children at all times.

The route is uphill all the way and downhill all the way back and is suitable for buggies (please note there are approximately 5 steps to climb on the path about half a mile away from Birkheads Wild).

We will aim to walk as a group, however we may get split up so please ensure you know the route there and back. We will have 2 First Aiders on hand and a qualified Walk Leader to help, however, due to the size of the group, you will need to ensure that you accompany your own children and are responsible for their safety.

Arrive at Birkheads Wild approximately midday for an hour of picnic and play. Please bring your own packed lunch but additional refreshments (above) will be provided.

Leave Birkheads Wild approximately 1pm, arrive back at school by 2pm.

This event will only be cancelled in the event of winds over 30mph or a thunderstorm, so please ensure you dress appropriately for the weather – waterproof coat if raining, wellies/walking boots etc.

If you or your child have a known allergy or medical condition please ensure you have your medication on the walk with you.

Dogs are welcome on the walk but must stay on leads at all times (including at Birkheads Wild).

Don't forget: Water bottle, waterproofs, comfortable trainers or walking boots, picnic/packed lunch

Emergency Contact: Fiona O'Connor 07984 688218 <u>birkheadswild@gmail.com</u> www.birkheadswild.org.uk





Where is Birkheads Wild? The Birkheads Wild site is a 1.5 acre field surrounded by trees, situated close to Tanfield Railway near Marley Hill/Sunniside, approximately 1.75 miles from Kibblesworth.

**Facilities:** The field is only accessible on foot approx. 200m along the Bowes Railway Path. There is an award-winning composting toilet with hand sanitiser on site and tap water available (from bottles). We operate a 'Leave no Trace' policy so please try to take all rubbish away with you. We have a small, parachute-covered campfire area but we will be outside in all weathers.

Birkheads Wild is a car-free site with very limited parking nearby so we will not be able to accommodate people joining us by car on site at the half way point.